

## Carrot Cake

### Ingredients

2 cups	whole wheat flour
¾ cup	honey
1 ¼ cup	applesauce
4 tsp	egg replacer well mixed in 8 tsp of water
1 ½ tsp	baking soda
2 tsp	baking powder
2 tsp	cinnamon
½ tsp	nutmeg
½ tsp	cloves
½ tsp	allspice
3 cup	grated carrots
1	8oz can pineapple, crushed
½ cup	chopped walnuts

### Preparation

- Mix dry ingredients together
- Add honey, applesauce, and mixed egg replacer
- Mix well.
- Add carrots, pineapple, raisins, and nuts
- Stir well
- Turn mixture into a non-stick baking pan 13x9x2 inches.
- Bake at 350 degrees for 1 hour

### Serving

13 x 9 inch cake